

3-Note-Per-String Workout

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Standard tuning

♩ = 70

dist.guit.

1 Red Form Ex.1

3 5 7 3 5 7 4 5 7 4 5 7 5 7 8 5 7 8 8 7 5 8 7 5

4 5

7 5 4 7 5 4 7 5 3 7 5 3

6 Red Form Ex.1 (Legato)

H H H H H H H H H H H H H H H H H H P P P P

3 5 7 3 5 7 4 5 7 4 5 7 5 7 8 5 7 8 8 7 5 8 7 5

9 10

P P P P P P P P

7 5 4 7 5 4 7 5 3 7 5 3

11 Red Form Ex.2

3 5 7 3 5 7 3 5 7 3 5 7 4 5 7 3 5 7 4 5 7

14 15 16

4 5 7 4 5 7 4 5 7 4 5 7 5 7 8 4 5 7 5 7 8

Musical notation for measures 17-19. Treble clef, key signature of one sharp (F#). Measure numbers 17, 18, and 19 are indicated above the staff. The guitar tablature below shows fingerings for each measure.

5 7 8 5 7 8 5 7 | 8 5 7 8 8 7 5 8 | 7 5 8 7 5 8 7 5

Musical notation for measures 20-22. Treble clef, key signature of one sharp (F#). Measure numbers 20, 21, and 22 are indicated above the staff. The guitar tablature below shows fingerings for each measure.

8 7 5 7 5 4 8 7 | 5 7 5 4 7 5 4 7 | 5 4 7 5 4 7 5 4

Musical notation for measures 23-25. Treble clef, key signature of one sharp (F#). Measure numbers 23, 24, and 25 are indicated above the staff. The guitar tablature below shows fingerings for each measure.

7 5 4 7 5 3 7 5 | 4 7 5 3 7 5 3 7 | 5 3 7 5 3 7 5 3

Red Form Ex.2 (Legato)

Musical notation for measures 26-28. Treble clef, key signature of one sharp (F#). Measure numbers 26, 27, and 28 are indicated above the staff. The notation includes slurs and 'H' (hammer-on) markings. The guitar tablature below shows fingerings and slurs.

3 5 7 3 5 7 3 5 | 7 3 5 7 3 5 7 4 5 7 | 3 5 7 4 5 7

Musical notation for measures 29-31. Treble clef, key signature of one sharp (F#). Measure numbers 29, 30, and 31 are indicated above the staff. The notation includes slurs and 'H' (hammer-on) markings. The guitar tablature below shows fingerings and slurs.

4 5 7 4 5 7 4 5 | 7 4 5 7 4 5 7 5 7 8 | 4 5 7 5 7 8

Musical notation for measures 32-34. Treble clef, key signature of one sharp (F#). Measure numbers 32, 33, and 34 are indicated above the staff. The notation includes slurs and 'H' (hammer-on) and 'P' (pull-off) markings. The guitar tablature below shows fingerings and slurs.

5 7 8 5 7 8 5 7 | 8 7 5 8 7 5 8 7 5 | 8 7 5 8 7 5

Musical notation for measures 35-37. Treble clef, key signature of one sharp (F#). Measure numbers 35, 36, and 37 are indicated above the staff. The notation includes slurs and 'P' (pull-off) markings. The guitar tablature below shows fingerings and slurs.

8 7 5 7 5 4 8 7 | 5 7 5 4 7 5 4 7 | 5 4 7 5 4 7 5 4

38 P P P P P P 39 P P P P P P 40 P P P P P P

T
A
B 7 5 4 7 5 3 7 5 4 7 5 3 7 5 3 7 5 3 7 5 3

41 Red Form Ex.3 42 43

T
A
B 3 5 7 3 5 7 4 5 7 3 5 7 4 5 7 4 5 7 5 7 4 5 7

44 45 46

T
A
B 5 7 8 4 5 7 5 7 8 5 7 8 8 7 5 8 7 5 7 5 4 8 7 5

47 48 49

T
A
B 7 5 4 7 5 4 7 5 4 7 5 4 7 5 3 7 5 4 7 5 3 7 5 3

Red Form Ex.3 (Legato) 50 H H H H H H 51 H H H H H H 52 H H H H H H

T
A
B 3 5 7 3 5 7 4 5 7 3 5 7 4 5 7 4 5 7 4 5 7

53 H H H H H H 54 H H P P P P P P 55 H H P P P P P P

T
A
B 5 7 8 4 5 7 5 7 8 5 7 8 8 7 5 8 7 5 7 5 4 8 7 5

56 P P P P P P P P P P P P P P

TAB 7 5 4 7 5 4 7 5 4 7 5 3 7 5 4 7 5 3 7 5 3

59 Red Form Ex.4 60 61

TAB 3 5 7 5 3 5 7 3 5 7 5 3 5 7 4 5 7 5 4 5 7 4 5 7

62 63 64

TAB 5 4 5 7 5 7 8 7 5 7 8 5 7 8 7 5 7 8 8 7 5 7 8 7

65 66 67

TAB 5 8 7 5 7 8 7 5 7 5 4 5 7 5 4 7 5 4 5 7 5 4 7 5

68 69

TAB 3 5 7 5 3 7 5 3 5 7 5 3

Red Form Ex.4 (Legato) 70 H H P P H H H 71 H P P H H H 72 H P P H H H H P

TAB 3 5 7 5 3 5 7 3 5 7 5 3 5 7 4 5 7 5 4 5 7 4 5 7

Musical notation for measures 73-75. The system includes a treble clef staff with a key signature of one sharp (F#) and a bass clef staff labeled 'TAB'. Above the treble staff, rhythmic markings 'P' (piano) and 'H' (hammer-on) are placed over notes. Measure numbers 73, 74, and 75 are indicated. The TAB staff shows fret numbers (5, 4, 5, 7, 5, 7, 8, 7, 5, 7, 8, 5, 7, 8, 7, 5, 7, 8, 8, 7, 5, 7, 8, 7) with slurs connecting notes across measures.

Musical notation for measures 76-78. The system includes a treble clef staff with a key signature of one sharp (F#) and a bass clef staff labeled 'TAB'. Above the treble staff, rhythmic markings 'P' and 'H' are placed over notes. Measure numbers 76, 77, and 78 are indicated. The TAB staff shows fret numbers (5, 8, 7, 5, 7, 8, 7, 5, 7, 5, 4, 5, 7, 5, 4, 7, 5, 4, 5, 7, 5, 4, 7, 5) with slurs connecting notes across measures.

Musical notation for measures 79-80. The system includes a treble clef staff with a key signature of one sharp (F#) and a bass clef staff labeled 'TAB'. Above the treble staff, rhythmic markings 'H' and 'P' are placed over notes. Measure numbers 79 and 80 are indicated. The TAB staff shows fret numbers (3, 5, 7, 5, 3, 7, 5, 3, 5, 7, 5, 3) with slurs connecting notes across measures.